

# Quantum University, Roorkee



7.1.10	The Institution has a prescribed code of conduct for students, teachers, administrators and other staff and conducts periodic programmes in this regard.
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## Human Values and Professional Ethics

## Human Values and Professional Ethics

At Quantum University, Roorkee, we instil human values and professional ethics courses throughout our curriculum, integrating them into various programs across all semesters.

Program	Course	Course Code	Semester	Page No
<b>Human Values</b>				
Bachelor of Arts (Hons)	Human Values and Ethics	PS3101	I	<b>4-7</b>
Bachelor of Technology in Computer Science & Engineering	Human Values and Ethics	PS3101	2	
Bachelor of Technology in Mechanical Engineering	Human Values and Ethics	PS3101	I	
Bachelor of Technology in Civil Engineering	Human Values and Ethics	PS3101	I	
Integrated Bachelor of Arts and Bachelor of Law (Hons)	Human Values and Ethics	PS3101	I	
Master of Business Administration	Organisational Behaviour	MB4104	1	<b>8-9</b>
Master of Science in Nutrition and Dietetics	Public Health Nutrition	ND4103	1	<b>10-12</b>
Bachelor of Arts (Hons)	Positive Psychology	PS3516	5	<b>13-14</b>
Bachelor of Science in Nutrition & Dietetics	Food, Hygiene and Sanitation	ND3104	1	<b>15-16</b>
	Holistic Wellness & Life Remedies	ND3519	5	<b>17-18</b>
	Health Psychology	ND 3621	6	<b>19</b>
<b>Professional Ethics</b>				
Integrated Bachelor of Business Administration and Bachelor of Law (Hons)	Professional Ethics and Professional System	LW5903	9	<b>20-21</b>
Bachelor of Pharma	Pharmaceutical Jurisprudence	BP 505 T.	5	<b>22-23</b>

Bachelor of Science in Medical Radiology and Imaging Technology	Medical Law and Ethics	RD3605	6	<b>24</b>
<b>3Value Addition</b>				
B.A. (H) Psychology	Meditative Techniques	PSV001	6	<b>25</b>



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### SEMESTER 1

Common papers for Economics, Psychology and English:								
Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
PS3101	FC	Human Values & Ethics	2	0	0	2	1	Nil
EM3104	PC	Principles of Micro Economics	3	1	0	4	1	Nil
EG3101	PC	Communicative English	3	1	0	4	1	Nil
PS3108	PC	Fundamental Psychological Processes I	3	1	0	4	1	Nil
VP3101	VP	Communication and Professional Skills I	0	0	2	2	1	Nil
GP3101	GP	General Proficiency	0	0	0	1	1	Nil
TOTAL			11	3	2	17		

### SEMESTER 2

#### Common

Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
CS3203	FC	Graph Theory and Probability	3	0	0	3	1.0	Nil
CS3206	FC	Advance C Programming	4	0	0	4	1.0	Nil
CS3204	FC	HTML5 and CSS	4	0	0	4	1.0	Nil
CS3242	FC	Advance C Programming Lab	0	0	2	1	1.0	Nil
CS3243	FC	HTML5 and CSS Lab	0	0	2	1	1.0	Nil
HU3201	FC	Indian Knowledge System	1	0	0	1	1.0	Nil
GP3201	GP	General Proficiency	0	0	0	1		Nil
TOTAL			12	0	4	15		

#### CSE without Specialization

Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
CS3205	FC	Web and Digital Analytics	4	0	0	4	1.0	Nil
CY3205	FC	Environmental Studies	2	0	0	2	1.0	Nil
PS3101	FC	Human Values and Ethics	2	0	0	2	1.0	Nil
CS3244	FC	Web and Digital Analytics Lab	0	0	2	1	1.0	Nil
VP3201	VAP	Communication & Soft Skills-II	0	0	2	2	1.0	Nil
TOTAL			8	0	4	11		

  
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**Group B**  
**SEMESTER 1**


Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
MA3102	FC	Mathematics I	3	2	0	4	1.0	Nil
PS3101	FC	Human Values and Ethics	2	0	0	2	1.0	Nil
CS3103	FC	Basics of Computer and C Programming	4	0	0	4	1.1	Nil
EC3101	FC	Basic Electrical and Electronics Engineering	3	1	0	4	1.1	Nil
CS3140	FC	Basics of Computer and C Programming Lab	0	0	2	1	1.0	Nil
EC3140	FC	Basic Electrical and Electronics Engineering Lab	0	0	3	2	1.0	Nil
ME3145	FC	Engineering Graphics and Design	0	0	4	2	1.0	Nil
VP3101	VP	Communication and Soft Skills-I	0	0	2	1	1.0	Nil
GP3101	GP	General Proficiency	0	0	0	1		Nil
<b>TOTAL</b>			<b>12</b>	<b>3</b>	<b>11</b>	<b>21</b>		

**Group B (B.Tech CE/EE/ME/MTE/PT)**

**SEMESTER 1**

Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
MA3102	FC	Mathematics I	3	2	0	4	2.0	Nil
PS3101	FC	Human Values and Ethics	2	0	0	2	1.0	Nil
CS3101	FC	Basics of Computer and C Programming	4	0	0	4	2.0	Nil
EC3101	FC	Basic Electrical and Electronics Engineering	3	1	0	4	1.1	Nil
CS3140	FC	Basics of Computer and C Programming Lab	0	0	2	1	1.0	Nil
EC3140	FC	Basic Electrical and Electronics Engineering Lab	0	0	3	2	1.0	Nil
ME3142	FC	Engineering Graphics and Design	0	0	4	2	1.0	Nil
VP3101	VAP	Communication and Soft Skills-I	0	0	2	1	1.0	Nil
GP3101	GP	General Proficiency	0	0	0	1		Nil
<b>TOTAL</b>			<b>12</b>	<b>3</b>	<b>11</b>	<b>21</b>		

Contact Hrs. 26

  
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**SEMESTER 1**

Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
LW5101	PC	Legal Method	5	1	0	6	1	Nil
LW5102	PC	Law of Contract-I	5	1	0	6	1	Nil
LW5103	PC	Legal English and Communication Skills	5	0	2	6	1	Nil
PS3101	FC	Human Values and Ethics	4	0	0	4	1	Nil
PS3108	FC	Fundamental Psychological Processes I	3	1	0	4	1	Nil
EM3102	FC	Principles of Micro Economics	3	1	0	4	1	Nil
EG3101	FC	Communicative English	3	1	0	4	1	Nil
VP3101	VP	Communication and professional Skills -I	1	0	2	2	1	Nil
TOTAL			26	4	4	32		

Contact Hrs: 34 per week




<b>PS3101</b>	<b>Title: Human Values and Ethics</b>	<b>L T P C</b> <b>2 0 0 2</b>
<b>Version No.</b>	<b>1.0</b>	
<b>Course Prerequisites</b>	Nil	
<b>Objectives</b>	To facilitate the development of a holistic perspective among students towards life and profession as well as towards happiness and prosperity based on a correct understanding of the human reality and the rest of existence	
<b>Expected Outcome</b>	This course will make the students aware and sensitive to value systems in real life situations. It will help them to discriminate between ephemeral and eternal value and to discriminate between essence and Form	
<b>Unit No.</b>	<b>Unit Title</b>	<b>No. of hours (per Unit)</b>
<b>Unit I</b>	<b>Introduction of Value Education</b>	<b>5</b>
1. Understanding the need, basic guidelines, content and process of Value Education 2. A look at basic Human Aspirations: Self Exploration-its content and process		
<b>Unit II</b>	<b>Understanding Harmony - Harmony in Myself</b>	<b>5</b>
1. Thoughtful human being in harmony, as a co-existence of the sentient, attitude and its importance in relationship. 2. Understanding the needs, characteristics and activities of Self ('I')		
<b>Unit III</b>	<b>Understanding Harmony in the Family and Society</b>	<b>5</b>
1. Harmony in the family; values in human relationships; meaning of Nyaya , Trust (Vishwas) and Respect (Samman) as the foundation values of relationships. 2. Harmony in society: Samadhan, Samridhi, Abhay, Sah-astitva as comprehensive Human Goals.		
<b>Unit IV</b>	<b>Understanding Harmony in the Nature and Existence</b>	<b>4</b>
1. Understanding the harmony in Nature: Interconnectedness among the four orders of nature- recyclability and self-regulation in nature 2. Natural perception of harmony at all levels of existence		
<b>Unit V</b>	<b>Understanding Professional Ethics</b>	<b>5</b>
1. Competencies in professional ethics: a) Ability to utilize the professional competence for augmenting universal human order b) Ability to identify the scope and characteristics of people-friendly and eco-friendly production systems, c) Ability to identify and develop appropriate technologies and management patterns for above production systems.		
<b>Text Books</b>	1. R.R. Gaur, R. Sangal, G.P. Bagaria, A foundation course in Human Values and Professional Ethics, Excel books, New Delhi	
<b>Reference Books</b>	1. A.N. Tripathy, Human Values, New Age International Publishers 2. B.L. Bajpai, Indian Ethos and Modern Management, New Royal Book Co., Lucknow 2. B.P. Banerjee, Foundations of Ethics and Management, Excel Books	
<b>Mode of Evaluation</b>	Internal and External Examinations	
<b>Recommendation by Board of Studies on</b>	14-05-2022	
<b>Date of approval by the Academic Council</b>	20-10-2022	

  
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### SEMESTER 1

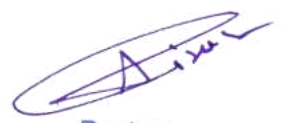
Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
MB4101	FC	Professional Communication-I	1	0	2	2	1.0	Nil
MB4102	FC	Information Technology for Managers	1	0	2	2	1.0	Nil
MB4103	PC	Principles and Practices of Management	2	0	0	2	1.0	Nil
MB4104	PC	Organizational Behaviour	3	0	0	3	1.0	Nil
MB4105	PC	Marketing Management	4	0	0	4	1.0	Nil
MB4106	PC	Statistics for Managers	3	0	0	3	1.0	Nil
MB4107	PC	Financial Accounting	3	0	0	3	1.0	Nil
MB4108	PC	Managerial Economics	3	0	0	3	1.0	Nil
MB4109	PC	Human Resource Management	3	0	0	3	1.0	Nil
MB4170	PC	Project I	0	0	0	2	1.0	Nil
VP4101	VAP	PDP for Managers I	0	0	4	2	1.0	Nil
GP4101	GP	General Proficiency	0	0	0	1		Nil
<b>TOTAL</b>			<b>23</b>	<b>0</b>	<b>08</b>	<b>30</b>		

Contact Hrs: 30

  
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<b>MB4104</b>	<b>Title: Organisational Behaviour</b>	<b>L T P C</b> <b>3 0 0 3</b>
<b>Version No.</b>	<b>1.0</b>	
<b>Course Prerequisites</b>	Nil	
<b>Objectives</b>	To acquaint the student with the determinants of intra -individual, inter-personal and inter-group behaviour in organisational setting and to equip them with behavioural skills in managing people at work.	
<b>Expected Outcome</b>	The student will have reliably demonstrated ability to analyze individual and group behavior and understand the implications of Organization behaviour in the process of management.	
<b>Unit No.</b>	<b>Unit Title</b>	<b>No. of hours (per Unit)</b>
<b>Unit I</b>	<b>Introduction</b>	<b>6</b>
Organisational Behaviour- Concept and Emergence of OB; Nature and Theoretical frameworks; Disciplines contributing to the field of OB; Historical Background- Hawthorne Studies, Psychological foundations; Models of Organisational Behaviour, Challenges and Opportunities for Organisational Behavior; Ethics and Organisational Behaviour.		
<b>Unit II</b>	<b>Individual Behaviour</b>	<b>8</b>
Personality, Values and Attitudes, Perception, Learning- Behaviourist, cognitive and social learning; Stress at work; Management's assumptions about people- McGregor's Theory X and Theory Y; Chris Argyris Behaviour Patterns; Motivation - Maslow's Need Hierarchy, Herzberg's Two Factors Theory, Vroom's Expectancy Theory; Theory of Intrinsic Motivation by Ken Thomas; Work – designing for creating motivating jobs.		
<b>Unit III</b>	<b>Inter-personal Behaviour</b>	<b>6</b>
Interpersonal communication and Feedback; Transactional Analysis (TA); Johari Window; Managing misbehaviour at work- Sexual abuse, Substance abuse, Cyberslacking, Aggression, and Violence.		
<b>Unit IV</b>	<b>Group Behaviour</b>	<b>8</b>
Group Dynamics, Cohesiveness and Productivity; Management of Dysfunctional groups; Group Decision Making; Organisational Politics. Leadership- Concept and Styles; Fielder's Contingency Model; House's Path -Goal Theory; Leadership Effectiveness; Sources, patterns, levels and types of conflict.		
<b>Unit V</b>	<b>Organisational Processes</b>	<b>8</b>
Organisational Climate- Concept, Determinants, and OCTAPACE model; Case Studies of Leadership Styles, Organisational Study on Monetary or Non-Monetary Motivation Given to Their Employees at All Levels Making Students Understand Group Dynamics by Assigning Team Building Exercises.		
<b>Text Books</b>	1. Stephen P. Robbins, Organisational Behaviour, Pearson. 2. L.M.Prasad, Organisational Behaviour, Sultan Chand.	
<b>Reference Books</b>	1. Uma Sekaran, Organisational Behaviour: Text and Cases, Tata McGraw-Hill Publishing Co. Ltd. 2. K. Aswathappa, Organisation Behaviour, Himalaya Publishing House, New Delhi. 5. Kavita Singh, Organizational Behaviour: Text and Cases, Pearson. 3. U. Pareek and S. Khanna, Understanding Organizational Behaviour, Oxford University Press.	
<b>Mode of Evaluation</b>	Internal and External Examinations	
<b>Recommendation by Board of Studies on</b>	23-07-2022	
<b>Recommendation by Board of Faculties on</b>	06-08-2022	
<b>Date of approval by the Academic Council</b>	20-10-2022	

  
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### SEMESTER I

Course Code	Category	COURSE TITLE	L	T	P	C	Version
ND4101	PC	Advanced Nutritional Biochemistry	4	0	0	4	2.0
ND4104	PC	Human Nutrition	3	0	0	3	2.0
ND4105	PC	Advanced Human Physiology	3	0	0	3	2.0
ND4106	PC	Scientific Writing & Nutrition Communication	2	0	0	2	2.0
ND4103	PC	Public Health Nutrition	4	0	0	4	2.0
ND4108	PC	Clinical and Therapeutic Nutrition I	3	0	0	3	2.0
ND4140	PC	Advance Nutritional Biochemistry Lab	0	0	2	1	2.0
ND4142	PC	Public Health Nutrition Lab	0	0	2	1	2.0
ND4144	PC	Clinical and Therapeutic Nutrition Lab I	0	0	3	2	2.0
ND4145	PC	Scientific Writing & Nutrition Communication Lab	0	0	2	1	2.0
VP4102	VP	Personality Development Program I	0	0	2	1	2.0
GP4101	P	General Proficiency	0	0	0	1	2.0
TOTAL			19	0	11	26	

Contact Hrs: 30

  
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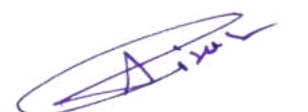
<b>ND4103</b>	<b>Title: Public Health Nutrition</b>	<b>L T P C</b> <b>4 0 0 4</b>
<b>Version No.</b>	1.0	
<b>Course</b>	NIL	
<b>Prerequisites</b>		
<b>Objectives</b>	To understand the importance of nutrition for the communities.	
<b>Expected Outcome</b>	<ol style="list-style-type: none"> <li>1. Students should be able to learn about nutrition related health issues in large community</li> <li>2. Students should be able to learn about health related acts across the world</li> <li>3. Students should be able to get knowledge about national international organization which are working for health and nutrition</li> <li>4. Students should be able to learn, understand and apply laws related to food and health and will learn about RMNCH+A services.</li> <li>5. Students should be able to learn about various population monitoring agencies working in India and to plan and execute community health campaign in local areas</li> </ol>	
<b>Unit No.</b>		<b>No. of hours (per Unit)</b>
<b>Unit I</b>	<b>Public Health Nutrition</b>	8
Public Health Nutrition: Aim, scope and concept of Public health nutrition, Role of nutrition in national development Health Care Systems, Health – definition, dimensions, determinants and indicators, Health care systems in the community. National Nutrition Programmes: Objective and operations of :- ICDS, MidDay Meal, School health program		
<b>Unit II</b>	<b>Public Health Aspects</b>	10
Public Health Aspects of Under nutrition: Clinical syndromes of Malnutrition (Chronic Energy Deficiency/ PEM/ SAM), Severe Acute malnutrition and mortality, Prevention and management of: Malnutrition, Anemia, Iodine Deficiency Disorders. Approaches for control of under nutrition in India: National Programmes and guidelines for controlling under nutrition in India with emphasis on IYCF, NRHM, RCH and IMNCI. Role of new WHO standards in India, its importance and implications. National Nutrition Policy.		
<b>Unit III</b>	<b>Nutrition and Health</b>	10
Approaches/ Strategies for Improving Nutrition and Health Status of the Community: Health based interventions including immunization, provision of safe drinking water/sanitation, Food based interventions including food fortification, dietary diversification, supplementary feeding and biotechnological approaches. Education based interventions including growth monitoring and promotion (GMP), health/ nutrition related behavior change communication.		
<b>Unit IV</b>	<b>Nutrition, Agriculture and Food Security</b>	10
Nutrition, agriculture and food Security: Food and nutrition security: definitions, concept and components of food and nutrition, Food and nutrition situation and food security in India. Food and nutrition security and programs: Food insecurity warning and mapping systems for nutritional vulnerability: Public Sector programmes for improving of food and nutrition security, Right to Food act, Public Distribution System. Introduction to the RMNCH+A services – historical context, evolution, coverage and innovations • Various components of service delivery under RMNCH+A (including GoI programs) • Maternal, New-born and Child Health (MNCH) services in the country • Adolescent health • Role of gender in public health programs • Evolution of RCH services in the country – Millennium Development Goals (MDGs) and Sustainable Development Goals (SDGs) • Innovations in service delivery • Framework for evaluation of services		
<b>Unit V</b>	<b>Public Health</b>	10

  
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Role of non-governmental organizations in health care  
Public health implications and preventive strategies for Obesity, Hypertension, Coronary Heart Disease, Diabetes, Osteoporosis, Dental Caries. National nutrition monitoring and surveillance. Millennium development goals and its relationship with nutrition. New emerging public health problems of NCDs  
Risk measurement, Measurement of morbidity and mortality: Incidence, Prevalence, Age-adjustment and survival analysis, use of morbidity and mortality data.

<b>Text Book</b>	1. Gibney M. J., Margetts, B.M., Kearney, J. M. Arab, I., (2004) Public Health Nutrition, NS Blackwell Publishing 2 Gopalan, C. (1987) Combating Under nutrition- Basic Issues and Practical Approaches, Nutrition Foundation of India.
<b>Reference Books</b>	1 Park, K. (2009) Park's Textbook of Preventive and Social Medicine. JabalpurM/s. BanarsidasBhanot. 2 Sheila ChanderVir. (2011). Public Health Nutrition in Developing Countries. Part I and Woodhead Publishing India Pvt.Ltd.
<b>Mode of Evaluation</b>	Internal and External Examinations
<b>Recommendation by Board of Studies on</b>	31.05.22
<b>Date of approval by the Academic Council</b>	20.10.22

  
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### PROGRAM ELECTIVES

**Bachelor of Arts (Hons) (Specialization in Economics):**

Program Elective	S.N	Course Code	COURSE TITLE	L	T	P	C	Version	Course Prerequisite
I	1	EM3520	Financial Economics	3	1	0	4	2	Nil
	2	EM3517	Game Theory	3	1	0	4	1	Nil
II	1	EM3521	Basic Econometrics	3	1	0	4	2	Nil
	2	EM3519	Law & Economics	3	1	0	4	1	Nil
III	1	EM3620	Health and Education Economics	3	1	0	4	1	Nil
	2	EM3619	Economics Sociology	3	1	0	4	1	Nil
IV	1	EM3621	Applied Econometrics	3	1	0	4	2	EM3521
	2	EM3617	Political Economics	3	1	0	4	1	Nil


**Bachelor of Arts (Hons) (Specialization in Psychology):**

Program Elective	S. N	Course Code	COURSE TITLE	L	T	P	C	Version	Course Prerequisite
I	1	PS3516	Positive Psychology	4	1	0	5	1.0	Nil
	2	PS3520	Sports Psychology	4	1	0	5	1.0	Nil
II	1	PS3517	Human Resource Management	4	1	0	5	1.0	Nil
	2	PS3521	Applied Transactional Analysis	4	1	0	5	1.0	Nil
III	1	PS3616	Youth Psychology	4	1	0	5	1.0	Nil
	2	PS3618	Psychological Perspective in Education	4	1	0	5	1.0	Nil
IV	1	PS3617	Psychology and Media	4	1	0	5	1.0	Nil
	2	PS3619	Psychology of Peace	4	1	0	5	1.0	Nil

  
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## PROGRAM ELECTIVES OF PSYCHOLOGY

<b>PS3516</b>	<b>Title: Positive Psychology</b>	<b>L</b>	<b>T</b>	<b>P</b>	<b>C</b>
		<b>4</b>	<b>1</b>	<b>0</b>	<b>5</b>
<b>Version No.</b>	<b>1.0</b>				
<b>Course Prerequisites</b>	Nil				
<b>Objectives</b>	To introduce the students to the basic concepts of the growing importance of positive psychology.				
<b>Expected Outcome</b>	Students will understand the applications of positive psychology in various domains.				
<b>Unit No.</b>	<b>Unit Title</b>	<b>No. of hours (per Unit)</b>			
<b>Unit I</b>	<b>Introduction</b>	<b>12</b>			
Introduction: Positive Psychology: An Introduction, Perspectives on Positive Psychology: Western and Eastern, Character Strengths and virtues.					
<b>Unit II</b>	<b>Positive Emotional States and Processes</b>	<b>12</b>			
Happiness and Wellbeing, Positive Affect and Positive Emotions, Emotional Intelligence, Resilience					
<b>Unit III</b>	<b>Positive Cognitive States and Processes</b>	<b>12</b>			
Positive Cognitive States and Processes: Self-efficacy, Optimism, Hope, Wisdom, Flow, Mindfulness.					
<b>Unit IV</b>	<b>Applications</b>	<b>06</b>			
Work, education, ageing, health					
<b>Unit V</b>	<b>Techniques</b>	<b>06</b>			
Mindfulness meditation, kindness, gratitude to practice positive psychology.					
<b>Text Books</b>	Baumgardner, S.R. Crothers M.K. Positive Psychology. Upper Saddle River, N.J.: Prentice Hall. Carr, A. Positive Psychology: The science of happiness and human strength.UK: Routledge. Peterson, C. A Primer in Positive Psychology. New York: Oxford University Press.				
<b>Reference Books</b>	Seligman, M.E.P. Authentic Happiness: Using the New Positive Psychology to Realize Your Potential for Lasting Fulfillment. New York: Free Press/Simon and Schuster. Snyder, C.R., & Lopez, S.J. Positive psychology: The scientific and practical explorations of human strengths. Thousand Oaks, CA: Sage. Snyder, C. R., & Lopez, S. Handbook of positive psychology. New York: Oxford University Press.				
<b>Mode of Evaluation</b>	Internal and External Examinations				
<b>Recommendation by Board of Studies on</b>	07/09/2022				
<b>Date of approval by the Academic Council</b>	10/20/2022				

  
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### SEMESTER 1

Course Code	Category	COURSE TITLE	L	T	P	C	Version	Course Prerequisite
RD3106	FC	Basics of Human Physiology I	3	0	0	3	1.0	Nil
ND3102	FC	Fundamental of Foods and Nutrition I	4	0	0	4	1.0	Nil
ND3105	FC	Biochemistry	3	0	0	3	1.1	Nil
ND3104	FC	Food, Hygiene and Sanitation	3	0	0	3	1.0	Nil
CY3205	FC	Environmental Studies	2	0	0	2	1.0	Nil
RD3143	FC	Basics of Human Physiology I Lab	0	0	2	1	1.0	Nil
ND3141	FC	Fundamental of Foods & Nutrition I Lab	0	0	4	2	1.0	Nil
ND3144	FC	Biochemistry Lab	0	0	2	1	1.0	Nil
VP3101	VP	Communication & Professional Skills I	0	0	2	1	1.0	Nil
GP3101	GP	General proficiency	0	0	0	1	1.0	Nil
<b>TOTAL</b>			<b>15</b>	<b>0</b>	<b>10</b>	<b>21</b>		

Contact Hours- 25 hours


  
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ND 3104	Title: Food, Hygiene and Sanitation	LTFC 3003
Version No.	1.0	
Course Prerequisites	NIL	
Course Outcomes	<ol style="list-style-type: none"> <li>1. Students should be able to learn about the basic concept of health and health problems of developed and developing countries.</li> <li>2. Students will learn about importance of water and various methods of cleaning for utensils and equipment's.</li> <li>3. Students should be able to learn about various types of diseases and their modes of spread.</li> <li>4. Students should be able to learn about food spoilage, food poisoning and different types of toxins.</li> <li>5. Students should be able to learn about various national immunization programs and vaccine schedules. Students also learn about family welfare and planning.</li> </ol>	
Unit No.		No. of hours (per Unit)
Unit I	Health & Hygiene	8
<b>Health and Hygiene</b> - Definition and concepts of health, important public health acts, health problems of developed and developing countries, environment and health. Introduction to Sanitation and Hygiene: Definition of sanitation and hygiene, factors affecting it- food habits, cleanliness, exercise and sleep. Significance of sanitation in food industry. Personal Hygiene of food handler. Waste Product Handling - garbage and sewage disposal. Pest control. Sanitation- Methods of killing microorganism & inhibiting microbial growth. First aid: Basic emergency care and first aid, importance in daily life. Principles of first aids. Components of First Aid Kit. Different methods of First Aids(ABC & CPR). Handling methods of patients.		
Unit II	Water & Cleaning Compounds	7
<b>Water</b> - Importance of water, impurities present in water, sources of contamination of water and water purification (Household and natural methods), waste water handling, waste disposal. <b>Cleaning Methods:</b> Sterilization and Disinfection- products and methods, use of detergents, heat, chemicals, steps in cleaning utensils and equipments. <b>Cleaning compounds-</b> Classification, Detergent auxiliaries, Sanitizers.		
Unit III	Infection, Types And Disinfectants	7
<b>Infection</b> - Definitions of Infection, Infective agents, Period of infectivity. Types of diseases and their modes of spread. Channels of infection. <b>Disinfectants</b> - Definition, types and methods of disinfection. <b>Infectious diseases</b> - Causes, incubation period, mode of spread, symptoms, prevention & control of the following diseases- a) Diseases spread by insects -Malaria, Dengue. b) Diseases spread by ingestion - Dysentery, cholera, typhoid c) Diseases spread by droplet infection - Chicken pox, measles, mumps, d) Disease spread by Contact - Leprosy, AIDS		
Unit IV	Food spoilage & toxins	7
<b>Food Spoilage, Food poisoning &amp; Toxins</b> -Introduction, Organism involved, source of food contamination. Cleaning steps in dairy industry, meat, sea food plants & vegetable and fruit. Control of food poisoning. Food intoxication. Fungal & bacterial toxins. Control measures.		
Unit V	Immunization	7
<b>Immunization</b> -Immunization programme, various national immunization programs and vaccine schedules. Family welfare and planning. Health planning in India including various committees, national health policy and health goals. Objectives and goals of WHO, UNICEF, Indian Red Cross Society, UNFPA, FAO, ILO. <b>Common emerging health problems among women:</b> Cancer of Breast and Cervical		
Suggested Reference Books:	<ul style="list-style-type: none"> <li>• Vash pal Bodi (1976) Hygiene &amp; Public Health. Anand Publishing Co., gali No. 1, New Delhi</li> <li>• V. N. Hhave, (1975) You &amp; Your Health. National Book Trust</li> <li>• Bihari Lal Bhatia, (1961) Elementary.. Hygiene, Orient Longmans, Ltd. Calcutta -13</li> <li>• J.E. Park, (1983) Preventive &amp; Social Medicine, Jabalpur MessrsBansaridasBhanot</li> <li>• Bisandra Nath Ghosh, (1969) Hygiene &amp; Public Health Calcutta Scientific Publishing Co.</li> </ul>	
Mode of Evaluation	Internal and External Examinations	
Recommendation by Board of Studies on	31-05-2022	

### Program Electives


S. No	Course Code	Category	COURSE TITLE	L	T	P	C	Version
Program Elective I	ND3517	PE	Food Processing and Technology	3	0	0	3	1.0
	ND3519	PE	Holistic wellness and Life Remedies	3	0	0	3	1.0
	ND3520	PE	Human Development during Life Cycle	3	0	0	3	1.0
Program Elective II	ND3617	PE	Food Preservation and Bakery	3	0	0	3	1.0
	ND3623	PE	Resource Management & Extensive Education	3	0	0	3	1.0
	ND3620	PE	Food Safety and Quality Control	3	0	0	3	1.0
Program Elective III	ND3622	PE	Health Care and Hospital Administration	3	0	0	3	1.0
	ND3621	PE	Health Psychology	3	0	0	3	1.0
	RD3617	PE	Biostatistics & Research Methodology	3	0	0	3	1.0

Note: Or any other course from the MOOC platform duly approved by the University procedure before offering.

  
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<b>ND3519</b>	<b>Title: Holistic Wellness and Life Remedies</b>	<b>LTPC</b> <b>3 0 0 3</b>
<b>Version No.</b>	<b>1.0</b>	
<b>Course Prerequisites</b>	<b>NIL</b>	
<b>Course Outcome</b>	<ol style="list-style-type: none"> <li>1. Students will be able to learn about importance of holistic health.</li> <li>2. Students will be able to learn about herbs used in Indian Tradition.</li> <li>3. Students will be able to learn about different types of functional foods.</li> <li>4. Students will be able to learn about different types of prebiotics and probiotics.</li> <li>5. Students will be able to learn about different phytochemicals and antioxidants.</li> </ol>	
<b>Unit No.</b>		<b>No. of hours (per Unit)</b>
<b>Unit: I</b>	<b>Holistic Health</b>	<b>6</b>
Definition, importance, different therapies that are used as holistic health, important aspects /components of holistic health. Different Life remedies- importance of water and sun light in preventing diseases. Importance of Breakfast in maintaining holistic health.		
<b>Unit II</b>	<b>Herbs in Indian Tradition</b>	<b>8</b>
Define Herbs, history of herbs, herbs in Indian tradition as-culinary herbs, herbs in food preparation, medicinal herbs. Uses and the medicinal values of herbs, Uses of aloe vera, peppermint, rosemary, fennel, lavender, thyme, garlic, sage, basil, mint, tulsi, parsley etc. Heart healthy and immunity booster herbs.		
<b>Unit III</b>	<b>Functional Foods</b>	<b>8</b>
Evolution and definition of functional foods, types of foods categorized as functional foods, Health benefits of functional foods and future promises in Indian diet. Functional foods that are good for heart, bones, brain, nervous system & endocrine system		
<b>Unit IV</b>	<b>Prebiotics and Probiotics</b>	<b>6</b>
Definition, types, health benefits in gastrointestinal health, cancer, and other diseases, recent advances, challenges. Prebiotic ingredients in foods.		
<b>Unit V</b>	<b>Phytochemicals And Antioxidants</b>	<b>8</b>
Definition , classification of phytochemicals: terpenoids, carotenoids, polyphenols, sulphur containing compounds. Formation of Free radicals, reactive oxygen species and oxidative stress, antioxidant definition, mechanism of action and classification. Role of antioxidants and phytochemicals in preventing cancer, CVD, ageing and inflammation.		
<b>Reference Books</b>	<ol style="list-style-type: none"> <li>1. Text book of Human Nutrition- Anjana Agarwal, Shobha A Udupi, Jaypee Brothers Medical Publishers(P) LTD</li> <li>2. Text book of Human Nutrition-Mahtab S Bamj, N Prahlad Rao, Vinodini Reddy, Second Edition, Oxford and IBH Publishing Co. Pvt Ltd</li> </ol>	
<b>Mode of Evaluation</b>	Internal and External Examinations	
<b>Recommendation by Board of Studies on</b>	31.05.22	
<b>Date of approval by the Academic Council</b>	20.10.22	

  
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<b>ND 3621</b>	<b>Title: Health Psychology</b>	<b>LTPC 3003</b>
<b>Version No.</b>	<b>1.0</b>	
<b>Course Prerequisites</b>	Nil	
<b>Course Objectives</b>	To make Students able to learn about need of Health psychology and its various perspectives and Students will be able to learn about stress management and different relaxation techniques.	
<b>Unit No.</b>	<b>Unit Title</b>	<b>No. of hours(per Unit)</b>
<b>Unit I</b>	<b>Introduction to Health Psychology</b>	7
<b>Introduction to Health Psychology</b> Concept and need of health psychology, perspectives – individual, cultural, lifespan, bio-psychosocial model. Health behaviors, health beliefs, Illness cognitions. Health promoting and compromising behaviours. Government's policies in health promotion. Planned behaviour and health.		
<b>Unit II</b>	<b>Stress and coping</b>	7
<b>Stress and coping</b> Nature, physiology and management of pain, pain management techniques. Stress: physiology and sources of stress, stress management. Coping interventions: mindfulness, relaxation, self-affirmation, effectiveness training. Sources and daily management of stress. Practicing relaxation and mindfulness		
<b>Unit III</b>	<b>Chronic and terminal disorders</b>	8
<b>Chronic and terminal disorders</b> Management of chronic illness: quality of life, emotional responses, coping with chronic illness, Personal issues. Psychological dimensions of heart disease and diabetes. Psychological issues in terminal illness: adjustment with death/dying, management of terminally ill. Visiting a health setting and interview with a chronically ill CHD patient. Case study of a diabetic patient.		
<b>Unit IV</b>	<b>Higher order Processes</b>	7
<b>Higher order Processes</b> Thinking: meaning and types; concept and language. Problem solving: meaning; steps of problem solving; decision making. Creativity: Nature and components of creativity, creative problem solving. Decision making strategies. Developing creative skills		
<b>Unit V</b>	<b>Memory and forgetting</b>	7
<b>Memory and forgetting</b> Memory: Nature and types; Stages of memory: sensory, STM, LTM. Models of information processing: Atkinson-Shiffrin, working memory. Forgetting: nature and factors; forgetting curve; interference theory. Information processing theory, Game theory		

### SEMESTER 9


Course Code	Category	Course Title	L	T	P	C	Version	Course Prerequisite
LW5901	PC	Code of Civil Procedure-II and Specific Relief Act	5	1	0	6	1	Nil
LW5902	PC	Moot Court Exercise	0	1	10	6	1	Nil
LW5903	PC	Professional Ethics and Professional System	0	1	10	6	1	Nil
LW5904	PC	Maritime Law	5	1	0	6	1	Nil
	PE	Programme Elective-V	5	1	0	6	1	Nil
LW5906	PC	Private International Law	5	1	0	6	1	Nil
VP3901	VP	Critical Thinking and Personality Development	1	0	2	2	1	Nil
GP5901	GP	General Proficiency	0	0	0	1	1	
		TOTAL	21	6	22	39		

Contact Hrs: 49 Hours per week

  
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LW5903	<b>Title:</b> Professional Ethics & Professional Accounting System	<b>L T P C</b> 0 1 10 6
<b>Version No.</b>	1.0	
<b>Course Prerequisites</b>	Nil	
<b>Objectives</b>	After completing the course, Students are expected to understand such issues as: the levels at which capacity, output, and prices are set; the extent that products are differentiated from each other; how much firms invest in research and development (R&D).	
<b>Expected Outcome</b>	The goal of this course is to make students capable of dealing with understand theoretical models used in firm's regulatory decision making, and so students should expect to use diagrams and maybe some basic mathematical models, including game theory.	
<b>Unit No.</b>	<b>Unit Title</b>	<b>No. of hours(per Unit)</b>
<b>Unit I</b>	<b>Introduction</b>	6
1.1 Aim and Objective of Professional Ethics Need for the Code of Legal Ethics Need for the Professional Accounting System Bar-Bench Relation Mr. Krishnamurthy Iyer's book on 'Advocacy'		
<b>Unit II</b>	<b>The Contempt Law and Practice</b>	5
<b>Prescribed legislation :</b> <i>The Contempt of Court Act, 1971.</i> 109		
<b>Unit III</b>	<b>The Bar Council Code of Ethics</b>	7
1. <i>Bar Council of India Rules on Standards of Professional Conduct and Etiquette. (Rules under Sec. 49(I)(c) of the Advocates Act, 1961 read with proviso thereto)</i> 2. <i>Relevant portions of the Advocates Act, 1961 (Sec. 35, 36, 36(A), 36(B), 37, 38, 39, 40, 41, 42, 42(A), 43 &amp; 44).</i>		
<b>Unit IV</b>	<b>Practical Projects: I</b>	12
(a) 50 selected opinions of Disciplinary Committees of Bar Councils and 10 major judgments of the Supreme Court on professional misconduct. Following are the 50 selected opinions of the Bar Councils on professional misconduct: - <b>Financial Misappropriation:</b> 1. <i>K.V. Umere vs. Smt. Venubai, O Dase and Anr. Civil Appeal No. 2385 of 1977.</i> 2. <i>Smt. Siya Bai vs. Sitaram Singh BCI Tr. Case No. 8/1987</i> 3. <i>Smt. Urmila Devi vs. Sita Ram Singh BCI Tr. Case No. 21/1987</i> 4. <i>Secretary, Karnataka Khadi Gram Udyog Samyukta Sangha vs. J.S. Kulkarni BCI Tr. Case No. 12/1990</i> 5. <i>Devendra Bhai Shankar Mehta vs. Rameshchandra Vithaldas Sheth &amp; Anr.</i>		

  
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## Semester V

Course code	Name of the course	Internal Assessment				End Semester Exams		Total Marks
		Continuous Mode	Sessional Exams		Total	Marks	Duration	
			Marks	Duration				
BP501T	Medicinal Chemistry II – Theory	10	15	1 Hr	25	75	3 Hrs	100
BP502T	Industrial Pharmacy I– Theory	10	15	1 Hr	25	75	3 Hrs	100
BP503T	Pharmacology II – Theory	10	15	1 Hr	25	75	3 Hrs	100
BP504T	Pharmacognosy II – Theory	10	15	1 Hr	25	75	3 Hrs	100
BP505T	Pharmaceutical Jurisprudence – Theory	10	15	1 Hr	25	75	3 Hrs	100
BP506P	Industrial Pharmacy I– Practical	5	10	4 Hr	15	35	4 Hrs	50
BP507P	Pharmacology II – Practical	5	10	4 Hr	15	35	4 Hrs	50
BP508P	Pharmacognosy II – Practical	5	10	4 Hr	15	35	4 Hrs	50
Total		65	105	17 Hr	170	480	27 Hrs	650



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**BP 505 T. PHARMACEUTICAL JURISPRUDENCE (Theory)**

**45 Hours**

**Scope:** This course is designed to impart basic knowledge on important legislations related to the profession of pharmacy in India.

**Objectives:** Upon completion of the course, the student shall be able to understand:

1. The Pharmaceutical legislations and their implications in the development and marketing of pharmaceuticals.
2. Various Indian pharmaceutical Acts and Laws
3. The regulatory authorities and agencies governing the manufacture and sale of pharmaceuticals
4. The code of ethics during the pharmaceutical practice

**Course Content:**

**UNIT-I**

**10 Hours**

**Drugs and Cosmetics Act, 1940 and its rules 1945:**

Objectives, Definitions, Legal definitions of schedules to the Act and Rules

Import of drugs – Classes of drugs and cosmetics prohibited from import, Import under license or permit. Offences and penalties.

Manufacture of drugs – Prohibition of manufacture and sale of certain drugs,

Conditions for grant of license and conditions of license for manufacture of drugs, Manufacture of drugs for test, examination and analysis, manufacture of new drug, loan license and repacking license.

**UNIT-II**

**10 Hours**

**Drugs and Cosmetics Act, 1940 and its rules 1945.**

Detailed study of Schedule G, H, M, N, P, T, U, V, X, Y, Part XII B, Sch F & DMR (OA)

Sale of Drugs – Wholesale, Retail sale and Restricted license. Offences and penalties

Labeling & Packing of drugs- General labeling requirements and specimen labels for drugs and cosmetics, List of permitted colors. Offences and penalties.

Administration of the Act and Rules – Drugs Technical Advisory Board, Central drugs Laboratory, Drugs Consultative Committee, Government drug analysts, Licensing authorities, controlling authorities, Drugs Inspectors

**UNIT-III**

**10 Hours**


- **Pharmacy Act -1948:** Objectives, Definitions, Pharmacy Council of India; its constitution and functions, Education Regulations, State and Joint state pharmacy councils; constitution and functions, Registration of Pharmacists, Offences and



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<b>RD3605</b>	<b>Title: Medical Law and Ethics</b>	<b>L T P C</b> <b>3 0 0 3</b>
<b>Version No.</b>	<b>1.0</b>	
<b>Course Prerequisites</b>	NIL	
<b>Objectives</b>	Legal and ethical considerations are firmly believed to be an integral part of medical practice in planning patient care. Advances in medical sciences, growing sophistication of the modern society's legal framework, increasing awareness of human rights and changing moral principles of the community at large, now result in frequent occurrences of healthcare professionals being caught in dilemmas over aspects arising from daily practice.	
<b>Unit No.</b>		<b>No. of hours (per Unit)</b>
<b>Unit: I</b>	<b>Medical ethics</b>	5
Medical ethics - Definition - Goal - Scope, Introduction to Code of conduct, Basic principles of medical ethics - Confidentiality, Malpractice and negligence - Rational and irrational drug therapy, justice and its principles pillars of medical ethics, clinical responsibility of a radiographer, differences between beneficence and non-maleficence, PCPNDT act, principle of first aid, medical record department.		
<b>Unit II</b>	<b>Autonomy and informed consent</b>	5
Autonomy and informed consent in case of CECT thorax, IVP - Right of patients Care of the terminally ill-Euthanasia, serum Creatinine importance in contrast studies, precautions taken during working with portable x-ray unit, immobilization devices, medio-legal cases, lifts done for patient shifting for X-ray.		
<b>Unit III</b>	<b>Medico legal aspects of medical records</b>	5
Medico legal aspects of medical records - Medico legal case and type- Records and document related to MLC - ownership of medical records - Confidentiality Privilege communication - Release of medical information - Unauthorized disclosure - retention of medical records -other various aspects.		
<b>Unit IV</b>	<b>Professional Indemnity insurance policy</b>	4
Professional Indemnity insurance policy Development of standardized protocol to avoid near miss or sentinel events Obtaining an informed consent, Emergency codes used in hospital, difference between claims made and occurrence policy.		
<b>Unit V</b>	<b>Basics of emergency care and life support skills</b>	5
Basics of emergency care and life support skills Vital signs and primary assessment, Basic emergency care - first aid and triage, Ventilations including use of bag-valve-masks (BVMs),Choking, rescue breathing methods, One- and Two rescuer CPR, Using an AED (Automated external defibrillator),Managing an emergency including moving a patient.		
<b>Textbooks</b>	<ol style="list-style-type: none"> <li>1. Kennedy I, Grubb A. Medical law. London: Butterworths.</li> <li>2. Jackson E. Medical law: text, cases, and materials. Oxford University Press.</li> <li>3. Recent Trends in Medical Imaging (CT, MRI ands)</li> </ol>	

  
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# Department of Humanities & Social Sciences

## B.A. (H)

### Details of Value-Added Courses

**Title of Course:** Meditative Techniques

**Code of Course (If any):** PSV\$001

**Organizing Department:** Department of Humanities and Social Sciences

**Course Outcome:**

**CO1:** Learners will get acquainted with the basics of Yoga and Meditation

**CO2:** Learners will get in depth knowledge of the various systems of Meditation

**CO3:** Learners will get knowledge of the impacts of Meditation on various aspects of Health


**CO4:** Learners will get to knowledge of various techniques of Meditation in therapeutic ways

**Nature of Course:** Technical Training

(Please tick the appropriate one)

**Detailed Syllabus:**

S. No.	Name of Module/ Unit (Description)	Duration (Hrs)
1	<b>Introduction-</b> An Introduction: Patanjali's Eight Limbed Yoga, what is Meditation, Why Meditate, Proper Physical space for Meditation, Mindfulness of Breathing, and Proper Meditation Posture.	6
2	<b>Background-</b> History of Meditation, Introduction to Samkhya Darshan, Panch Koshas, Tri- Sharir and Hath yoga (Ida Pingla Sushumna)	6
3	<b>Meditation and Holistic health-</b> Potential Impacts of Meditation on Physical Activity, Diet, Health, Sleep and Brain Mechanisms Meditation and Mental Health: Anxiety, Stress, Depression and Behavior and consciousness frustration, Conflicts and Psychosomatic disorders, Mental Hygiene and role of yoga in mental hygiene	6
4	<b>Types and Techniques-</b> Meditation & Maharshi Gheranda, Upanishad & Meditation, The five Concentrations Practice (Pancha Dharana), Concentration to Meditation	6
5	<b>Interventions and Researcher-</b> Mindfulness-based stress reduction, MBCT, focused attention trainings (FA), Mind Body Approaches, transcendental meditation (TA), Yoga and meditation Research on practices.	6
Total Hrs		30

  
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