

QUANTUM UNIVERSITY

**CAPACITY DEVELOPMENT AND SKILL
ENHANCEMENT**



A Report on Life Skills Training

Academic Year (2019-2020)

Quantum University
A Report on Life Skills Training



Academic Year (2019-2020)


Registrar
Quantum University

Following Capacity Development And Skills Enhancement Initiatives Are Undertaken By The Institution 5.1.3 Following Capacity Development And Skills Enhancement Activities Are Organized For Improving Students Capability (8) Life skills

Development And Skill Enhancement Programme	Year Of Implementation	Number Of Students Enrolled	Name Of The Agencies-Consultants Involved With Contact Details, If Any
Workshop On "Personal Hygiene Practices"	7/9/2019	7	Mr. Deepak Rawat
Writing Event "The Write India Season 3" To Encourage Self-Expression	30/10/2019	13	Amish Tripathi
Workshop On Flower Art to Inculcate Creative Life Skills	2/11/2019	8	Mr. Deepak Rawat
Guest Lecture On HTML To Foster Problem-Solving Skills	18/02/2020	140	Mr. Himanshu Tyagi (Assistant Professor, Computer Science And Engineering)
Celebrating Science Day to Inculcate Curiosity as a Life Skills	28/02/2020	122	Mr. HC Handa
Workshop On Leprosy Awareness Promoting Knowledge And Compassion Life Skills	19/10/2020	63	Department Of Nutrition And Dietetics
Workshop On Sketching And Drawing Encouraging Creativity Skills	31/10/2020	13	Mr. Pawan Agarwal



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A WORKSHOP ON PROMOTING PERSONAL HYGIENE LIFE SKILLS

Name of Event: A WORKSHOP ON PROMOTING PERSONAL HYGIENE LIFE SKILLS

Date of Event: 7th September 2019

Hosted By: Department of Hospitality and Tourism

Name of Guest Lecturer: Mr. Deepak Rawat

Number of Participants: 7 participants

On September 07, 2019, the Department of Hospitality and Tourism at Quantum University, Roorkee, hosted an enlightening workshop on Personal Hygiene, skillfully conducted by the esteemed Mr. Deepak Rawat, Assistant Professor at the department. With a rich experience of over 10 years in the industry and academia, Mr. Deepak Rawat shared his expertise with the students through a captivating descriptive presentation on the importance of Personal Hygiene in the hospitality industry.

As the workshop commenced, students were enthralled by Mr. Deepak Rawat's valuable insights into the pivotal role of Personal Hygiene in shaping the success of organizations. Emphasizing the significance of maintaining impeccable hygiene standards, he offered numerous tips to the eager students, focusing particularly on Grooming - an essential current need in the ever-evolving hospitality sector.

Major Outcome of the Event

1. The workshop focused on the importance of Personal Hygiene in the hospitality industry, offering students valuable insights into maintaining impeccable hygiene standards for organizational success.
2. Mr. Deepak Rawat's presentation provided a descriptive and engaging overview of the role Personal Hygiene plays in shaping the hospitality industry and the significance of Grooming in today's dynamic sector.
3. Interactive discussions and visual aids were used to reinforce the importance of Personal Hygiene, Personality, and Grooming. The presentation showcased practical tips for maintaining high standards of personal presentation.
4. The workshop was not only a learning experience but also a practical guide, as Mr. Deepak Rawat shared techniques and tips for achieving impeccable grooming standards, essential for making a lasting impression in the competitive hospitality field.

5. The Dean of the Department of Hospitality and Tourism, Mr. DC Vashishth, delivered an inspiring address, highlighting the vital role of personal hygiene and grooming in the challenging yet rewarding hospitality industry.



Mr. Deepak Rawat shared his expertise with the students through a captivating descriptive presentation

WRITING EVENT “THE WRITE INDIA SEASON 3” TO ENCOURAGE SELF-EXPRESSION

Name of Event: WRITING EVENT “THE WRITE INDIA SEASON 3” TO ENCOURAGE SELF-EXPRESSION

Date of Event: 30th October 2019

Hosted By: Quantum University

Name of Guest: Amish Tripathi

Number of Participants: 13 students

In a bid to nurture the budding talents of tomorrow, Write India Season 3 embarked on a journey to ignite the literary passions of students and sharpen their writing skills. The activity catalyzed unleashing their creativity, paving the way for potential success as writers and critics in the future. With a primary objective of fostering imaginative abilities, this initiative aimed to equip students with invaluable tools for their careers ahead.

The magic of Write India Season 3 lay in its collaboration with the esteemed Author of the Month, Amish Tripathi, who provided a compelling prompt and a set of rules to challenge the students' literary prowess. Armed with this inspiration, three talented students took up the gauntlet and embarked on their creative journey, submitting their unique stories online by 30th October 2019.

Major Outcome of the Event

1. The initiative collaborated with renowned Author of the Month, Amish Tripathi, who provided a compelling prompt and rules, challenging students to showcase their literary prowess.
2. Three talented students participated in the challenge, submitting their unique stories online by October 30, 2019, in response to the prompt.
3. Write India Season 3 catalyzed students to unleash their creativity and express their thoughts eloquently, allowing them to explore their storytelling potential.
4. The activity honed participants' writing skills, giving them insights into crafting captivating narratives that resonated with the essence of the prompt.
5. Beyond the competition, the initiative fostered a sense of camaraderie among aspiring writers, creating a supportive community of literary enthusiasts.

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4G 77% (43)

father . He give this news to all the people of Ujjain . He distributed gold and clothes to poor people . Madhuman Gupta gave a duty to Joseph to find a good female attendant for Ramodra during this time. Joseph arrange a good attendant for Ramodra . She take care of Ramodra very well ,she want some money to feed her child but Ramodra deny .Then, Immam got a chance and told her that "I will give you money" but you have to do my work . He told her you have to kill Ramodra and her child ,and then ran away from Ujjain no ,one will came to know about you . Then next , day attendant push Ramodra from stairs and ran away . Ramodra get saved but she lost her child . Immam take it as a chance . He visit to Ramodra and told it is a responsibility of Joseph to bring a good attendant for you ,and he did not done his work properly .Joseph did not take information about attendant . Joseph want to kill your child so he had done this . Ramodra agree with Immam and told him that "I will punish Joseph " she went to king ,but king did not listen to Ramodra and take side of Joseph . Immam plan was failed . In the mid of the night when Joseph father was sleeping in the room .Immam fire the whole room ,and Joseph father died . Everyone thought it was accident . Immam was celebrating this moment he remembered that . Immam father was trustworthy person of king . Joseph father was a stubborn and was passing information to enemy . Joseph father was jealous of Immam father so he trapped Immam father . When king came to knew about it Joseph father told that it was done by Immam father .. and Immam father get trapped , and given death before ,death he told Immam that he had done nothing and he have to take revenge from whole . Joseph father family and when Immam

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4G 77% (43)

The Lost Enemy

There was a kingdom of Madhuman Gupta . His kingdom was known for Justice and peace all people of his kingdom loved him . Madhuman Gupta has two trustworthy person . One was Joseph and Other one was Immam. Joseph is a trustfull and calm mind person ,On the other hand Immam has a revenge mind and a double face person . Madhuman Gupta has many wives but he loved his first wife Ramodra and Second wife Amarvati more . He loved both of them equally and loved to spend time with both of them . one, day Madhuman Gupta came to knew that his wife Ramodra is pregnant and soon he will become father . He give this news to all the people of Ujjain . He distributed gold and clothes to poor people . Madhuman Gupta gave a duty to Joseph to find a good female attendant for Ramodra during this time. Joseph arrange a good attendant for Ramodra . She take care of Ramodra very well ,she want some money to feed her child but Ramodra deny .Then, Immam got a chance and told her that "I will give you money" but you have to do my work . He told her you have to kill Ramodra and her child ,and then ran away from Ujjain no ,one will came to know about you . Then next , day attendant push Ramodra from stairs and ran away . Ramodra get saved but she lost her child . Immam take it as a chance . He visit to Ramodra and told it is a responsibility of Joseph to bring a good attendant for you ,and he did not done his work properly .Joseph did not take information about attendant . Joseph want to kill your child so he had done this . Ramodra agree

The Write India Season 3 Abstracts From the Book The Lost Enemy

WORKSHOP ON FLOWER ART TO INCULCATE CREATIVE LIFE SKILLS

Name of Event: WORKSHOP ON FLOWER ART TO INCULCATE CREATIVE LIFE SKILLS

Date of Event: 2nd November 2019

Hosted By: Department of Hospitality and Tourism

Name of Guest Lecturer: Mr. Deepak Rawat

Number of Participants: 8 participants

On 2nd November 2019, the Department of Hospitality and Tourism at Quantum University orchestrated a captivating Workshop in Flower Art at the esteemed Room Division Lab. The workshop was initiated by the talented Mr. Deepak Rawat, who sought to inspire the young budding students of Quantum University by delving into the fascinating world of Flower Art and its immense scope, particularly in the Housekeeping department.

With an engaging introduction to Flower Art, Mr. Deepak Rawat set the stage for a creative session that captured the hearts of the students of BHM and CHM. Enthusiasm filled the air as the students actively participated, immersing themselves in the art of flower arrangements.

Major Outcome of the Event

1. The students of BHM and CHM actively participated in the workshop, displaying enthusiasm and interest in learning about flower arrangements.
2. Mr. Deepak Rawat provided an engaging introduction to Flower Art, setting the stage for a creative session that captured the hearts of the participants.
3. Throughout the workshop, students gained practical skills and techniques, from identifying different flower types to mastering the use of various equipment and fillers in their arrangements.
4. Students were exposed to different styles of flower arrangements, including Ukibana, Ikebana, Round Arrangements, Facing Arrangements, Triangular Shape Arrangements, and formal and informal styles.
5. The hands-on practice was a highlight, allowing students to craft their stunning flower arrangements and showcase their passion and creativity.
6. The workshop emphasized the vital role of Flower Art in the hospitality industry, offering students a glimpse into the creative possibilities in their prospective careers.



Pictures From Students Learned about types of mastering the use of various equipment and fillers in their arrangements

GUEST LECTURE ON HTML TO FOSTER PROBLEM-SOLVING SKILLS

Name of Event: GUEST LECTURE ON HTML TO FOSTER PROBLEM-SOLVING SKILLS

Date of Event: 18th February 2020

Hosted By: Quantum University

Name of Guest Lecture: Mr. Himanshu Tyagi

Number of Participants: 140 participants

On 18th February 2020, a highly informative guest lecture on HTML (Hypertext Markup Language) took center stage, orchestrated by the esteemed Mr. Himanshu Tyagi, Assistant Professor in Computer Science and Engineering. The event aimed to unveil the fundamentals and significance of HTML in the dynamic world of web development, featuring a seasoned web developer with extensive expertise in HTML and related technologies. The audience, brimming with enthusiasm, comprised students, aspiring web developers, and individuals eager to grasp the backbone of the World Wide Web.

The lecture's opening unveiled a comprehensive introduction to HTML, laying bare its role as a markup language for creating web pages. The speaker skillfully presented the basic structure of HTML documents, encompassing tags, elements, and attributes, forming the bedrock for further exploration.

Major Outcomes of the Event

1. Students gained a comprehensive understanding of HTML's role in web development.
2. Learn the fundamental structure and syntax of HTML documents.
3. Acquired practical knowledge of using HTML elements such as headings, paragraphs, links, images, etc.
4. Developed skills in integrating HTML and CSS for creating responsive web layouts.
5. Mastered the creation of well-structured and semantically meaningful web content using HTML.
6. Became proficient in designing user-friendly and engaging web experiences through responsive web design.
7. Nurtured the ability to craft interactive and captivating web pages.
8. Equipped with essential HTML knowledge, empowering them for future web development endeavors.



Code Class on HTML for Students, Learned New Tricks to Code a Website in HTML

CELEBRATING SCIENCE DAY TO INCULCATE CURIOSITY AS A LIFE SKILL

Name of Event: CELEBRATING SCIENCE DAY TO INCULCATE CURIOSITY AS A LIFE SKILL

Date of Event: 28th February 2020

Hosted By: Quantum University

Name of Guest Lecturer: Mr. H.C Handa

Number of Participants: 122 participants

On 28th February 2020, an engaging and enlightening guest lecture was orchestrated by Mr. HC Handa, Director of Quantum University, to celebrate Science Day in grand style. The lecture was a tribute to the wonders of scientific exploration, aiming to inspire curiosity, promote scientific literacy, and deepen the understanding of diverse scientific disciplines. The event featured a distinguished scientist/researcher whose expertise, research findings, and insights left the enthusiastic audience spellbound.

With an eager audience comprising students, faculty members, researchers, and science enthusiasts, the lecture commenced with an introduction to the significance of Science Day. Attendees were reminded of the pivotal role of science in advancing our understanding of the natural world and its paramount importance in addressing global challenges and enhancing lives.

Major Outcomes of the Event

1. The lecture was designed to showcase the wonders of scientific exploration, reminding attendees of the pivotal role of science in advancing our understanding of the natural world and addressing global challenges.
2. The guest lecture featured a distinguished scientist/researcher who shared their expertise, research findings, and insights across various scientific disciplines, leaving the audience spellbound.
3. The introduction to Science Day emphasized the importance of scientific research and its impact on enhancing lives and shaping the world.
4. Attendees gained a captivating glimpse into cutting-edge research, recent advancements, breakthroughs, and innovative methodologies employed in fields like physics, biology, chemistry, and environmental science.

5. Interdisciplinary collaboration's power in scientific research was highlighted, demonstrating successful collaborations across different fields that lead to groundbreaking discoveries.
6. The lecture discussed the tangible applications of scientific knowledge in sectors like healthcare, technology, energy, and environmental sustainability, emphasizing how scientific advancements shape daily lives and global progress.



Indeed the Focus of the Discussion was Science and the Frontiers it opens for Students

WORKSHOP ON LEPROSY AWARENESS PROMOTING PREVENTION & COMPASSION LIFE SKILLS

Name of Event: WORKSHOP ON LEPROSY AWARENESS PROMOTING PREVENTION & COMPASSION LIFE SKILLS

Date of Event: 19th October 2020

Hosted By: Department of Nutrition and Dietetics

Number of Participants: 63 participants

On 19th October 2020, the Department of Nutrition and Dietetics orchestrated a series of enlightening educational workshops and seminars with a profound purpose - to educate students about leprosy. With the guidance of healthcare professionals and experts, these informative sessions aimed to address misconceptions, break down stereotypes, and ignite open discussions.

The efforts to spread awareness about leprosy did not stop at the workshops. Various communication channels, including posters, flyers, and digital platforms, were employed to disseminate accurate information throughout the campus. Educational materials adorned common areas like libraries, cafeterias, and student centers, reaching a wide audience and igniting curiosity and engagement.

Major Outcome of the Event

1. These informative sessions aimed to address misconceptions and stereotypes surrounding leprosy, fostering open discussions and promoting accurate understanding.
2. The initiative utilized various communication channels such as posters, flyers, and digital platforms to disseminate accurate information about leprosy throughout the campus.
3. Educational materials were strategically placed in common areas like libraries, cafeterias, and student centers, ensuring wide exposure and sparking curiosity among students.
4. Collaborative efforts were key, as the department partnered with student organizations including health clubs, community service groups, and human rights associations to amplify the impact of awareness events and initiatives.
5. Through multifaceted strategies, the campus became a hub of knowledge, compassion, and action toward leprosy awareness, creating an inclusive environment and breaking down stigmas.
6. Students gained a deeper understanding of leprosy and embraced their role in contributing to



Images from Leprosy Awareness In A University Campus: Promoting Knowledge And Compassion

WORKSHOP ON SKETCHING AND DRAWING ENCOURAGING CREATIVE SKILLS

Name of Event: WORKSHOP ON SKETCHING AND DRAWING ENCOURAGING CREATIVE SKILLS

Date of Event: 31st October 2020

Hosted By: Quantum University

Name of Guest: Mr. Pawan Agarwal

Number of Participants: 13 participants

On 31st October 2020, a workshop on sketching and drawing was hosted by Quantum University for its arts enthusiast students. In the realm of art, sketching and drawing stand as expressive forms that empower individuals to visually communicate their innermost thoughts, emotions, and ideas. An expert Mr. Pawan Agarwal taught students the art of creativity, at the heart of this short report lies the significance of students' participation in these creative activities, shedding light on the manifold benefits they bring to their creativity, personal development, and overall well-being.

Self-Expression and Emotional Outlet, through the strokes of a pencil or the dance of colors on paper, students find a profound means to convey their emotions, thoughts, and experiences. Sketching and drawing serve as a cathartic outlet, offering solace in the transformative process of translating feelings into tangible artwork. As this creative channel opens, so does the pathway to mental well-being, stress relief, and emotional resilience.

Major Outcomes of the Event

1. Sketching and drawing provide individuals with a profound visual means to convey inner thoughts, emotions, and ideas.
2. These creative activities act as a cathartic outlet, offering solace and facilitating the transformation of emotions into tangible artwork.
3. Engaging in creative expression through sketching and drawing promotes mental well-being, stress relief, and emotional resilience.
4. Confidence soars as students witness their artistic skills advancing with each stroke.
5. Sketching and drawing offer an avenue for individuals to express themselves beyond spoken language, creating a profound connection with their emotions.



Images from Workshop on Sketching and Drawing: Unleashing Creativity And Personal Growth